

2024 ANNUAL MEETING & EXPO

CELEBRATING

NOVEMBER 19-21
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70

Years



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CONVENTION HIGHLIGHTS

KAHCF/KCAL is excited for the groovy 2024 Annual Meeting & Expo! Join us for three days of education and good vibes, with 22 stellar sessions and an expo consisting of over 100 far-out goods and services our profession has to offer. You will stay entertained with our networking events and engage with nifty tools and righteous ideas to help make the future long-term care totally awesome. Don't be a bummer, join us at the Galt House Hotel in downtown Louisville November 19 through November 21 for an off-the-hook celebration of our long-term care and assisted living professionals!

Register Today! Go to Page 15 for details!

Attend the Expo!

The annual expo will be open November 19 and 20 for all registered attendees. Meet with over 100 state and national providers to learn about the latest developments to help you provide the highest quality, most cost-effective care possible.

Network at the Meet and Mingle Party!

Meet other long-term care and assisted living professionals from across the state during this relaxed social before dinner on Wednesday, November 20 from 4:30 – 5:30 p.m. Sponsored by Med Care Pharmacy, HPSI Purchasing Services, Stites & Harbison, Cull & Hayden, INCITE Strategic Partners, Synchrony Health Services, Dzenitis Newman, PLLC, Service Master by Angler and Healthcare Therapy Services.

Join us for the 2024 Awards Banquet!

On Thursday, November 21, join KAHCF/KCAL at our annual Awards Banquet where the winners of the 2024 Quality Awards will be celebrated and this year's Best of Kentucky will be announced! You must purchase a ticket to attend the banquet. Sponsored by HPSI Purchasing Services and Med Care Pharmacy.

Disco Fever: Member Appreciation After Party

Thursday, November 21, 9:00 p.m. —midnight
The party doesn't stop after the Quality Awards Banquet! You're invited to shake your groove thing at KAHCF/KCAL's Disco Fever After Party. This is a FREE EVENT open to all attendees. Boogie the night away as you celebrate your award-winning peers and show off your sweet dance moves to tunes provided by DJ Bret Sohl. Bar will be cash only at this event.

KEYNOTE SPEAKERS



Tuesday Opening General Session

What's Happening In Washington: AHCA/NCAL and DC Update

Presenters: Mark Parkinson, Principal of AHCA/NCAL
Phil Scalo, AHCA Board Chair
Presenting Sponsors: HPSI Purchasing Services & Med Care Pharmacy



Wednesday General Session

70 Years of Wisdom: Stories that Inspire, Care that Transforms

Presenter: Sarah Ciavarrri
President, Level Up Leadership, LLC
Minneapolis, MN
Sponsors: Cull & Hayden, P.S.C & Kentucky Health Care Foundation



Thursday General Session

Grooving Your Way to Influence through Life Stories

Presenter: Jason A. Hunt
Eye Squared Leadership
Owatonna, MN
Champion Sponsor: Synchrony Health Services

CELEBRATING 70 Years



KAHCF/KCAL EVENTS

1954

Ira O. Wallace Founded Kentucky Association of Nursing Homes, Inc. on Dec. 3, 1954.



1958

KAHCF's 5th Annual Convention held at the Phoenix Hotel in Lexington. Registration fee was \$5.00, Luncheon \$3.00, and Banquet \$5.00.

1965

The Social Security Act establishes both Medicare and Medicaid. Medicare was a responsibility of the Social Security Administration. Medicaid was introduced as a health safety net for the poor.



U.S. EVENTS

1959

Alaska and Hawaii become the forty-ninth and fiftieth states.



1963

President John F. Kennedy was assassinated in Dallas.

Martin Luther King gives his speech, "I have a Dream."

SCHEDULE

TUESDAY, NOVEMBER 19

- 9:00 a.m. – 5:00 p.m. Registration Open
- 10:00 a.m. – 12:00 p.m. Pre-Convention Training
- 9:00 a.m. – 12:00 p.m. KAHCF Board Meeting
- 12:00 p.m. – 3:00 p.m. Resource Exhibits Display
- 1:00 p.m. – 2:30 p.m. Education Sessions
- 3:00 p.m. – 4:30 p.m. GENERAL SESSION
- 4:30 p.m. – 5:30 p.m. Expo open to all attendees



WEDNESDAY, NOVEMBER 20

- 8:00 a.m. – 9:00 a.m. KCAL/KSLA Board Meeting
- 9:00 a.m. – 4:00 p.m. Registration Open
- 8:00 a.m. – 9:00 a.m. Continental Breakfast
- 9:00 a.m. – 10:30 a.m. GENERAL SESSION
- 10:30 a.m. – 1:00 p.m. Expo Open & Lunch
- 1:30 p.m. – 3:00 p.m. Education Sessions
- 3:30 p.m. – 4:30 p.m. Education Sessions
- 4:30 p.m. – 5:30 p.m. Meet and Mingle Party

THURSDAY, NOVEMBER 21

- 9:00 a.m. – 3:00 p.m. Registration Open
- 8:00 a.m. – 9:00 a.m. Continental Breakfast
- 9:00 a.m. – 10:30 a.m. GENERAL SESSION
- 11:00 a.m. – 12:00 p.m. Education Sessions
- 12:30 p.m. – 1:30 p.m. UK's Clinical Leadership & Management Student presentation
- 2:00 p.m. – 3:00 p.m. Education Sessions
- 3:15 p.m. – 4:15 p.m. Education Sessions
- 6:00 p.m. – 6:30 p.m. Awards Reception
- 6:30 p.m. – 9:00 p.m. Quality Awards Banquet
- 9:00 p.m. – 12midnight Disco Fever: Member Appreciation After Party

Silent Auction Fundraiser benefiting the PAC

Help raise funds for the KAHCF Political Action Committee (PAC) by participating in a silent auction! Before the Annual Meeting, donate any item(s) you want to see auctioned. During the conference, stop by the hallway near the registration area on Tuesday or Wednesday to bid on items. Auction winners will be announced Wednesday during the Meet and Mingle event. If you have questions or wish to donate an item, contact Jessica Martin at jmartin@kahcf.org.



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KAHCF/KCAL EVENTS

1970

Ira O. Wallace Award created and awarded to David Ken Rice.

1974

Facility of the Year awarded for the first time to Mountain Manor (Prestonsburg).

1975

August 4, 1975
 KY Assoc. of Nursing Homes changed name to KY Assoc. of Health Care Facilities, Inc.

Smith vs Bowen—HHS failed to fulfill its duty to assure nursing homes that



receive Medicaid dollars are actually providing high quality medical care. The court orders HHS to remedy situation.

Betty Gillespie named first state Long Term Care Ombudsman.

U.S. EVENTS

1969

Astronauts Neil Armstrong and Buzz Aldrin, in Apollo XI, are the first men to walk on the moon.

1973

President Nixon: "I am not a crook."



Saturday Night Fever with John Travolta fueled "disco fever."

1974

Gerald Ford becomes the thirty-eighth president of the U.S.



EVENTS AND EXPO

RESOURCE EXHIBITS

New Day and Time!
Tuesday, November 19
12:00 p.m. – 3:00 p.m.

This year the Resource Exhibits will be set up outside the registration desk, so come early to check out several non-profit associations, educational resources, and other state organizations that provide tools for long-term care providers.

KAHCF/KCAL Expo

Tuesday and Wednesday, November 19 & 20

Over 100 of the leading state and national providers of goods and services come together for two days at the largest senior care expo in Kentucky so attendees can learn about the latest developments and recent trends in the profession. It's these vendors who help us reach our goal of quality care, and the trade expo is the best place to be to learn more about their services. The expo is open to all registered attendees on both days — see what our exhibitors can do for you!

Tuesday, November 19

4:30 p.m. – 5:30 p.m.

Kickoff Expo Reception

New this year! The expo is open to all registered attendees, so be sure to stop by and see what products and services are available to support you, your staff, and your residents. Don't forget to grab a card to track your visits during the expo — you'll need it to enter a drawing to win cash! Winners will be announced Wednesday at the end of the expo.

Wednesday, November 20
'70s Style Dress Day

10:30 a.m. – 1:00 p.m.

Expo open to ALL attendees

Calling all cool cats: Grab your grooviest threads and join us for a costume contest! Visit the Expo in your favorite '70s style for a chance to be voted Best Dressed by your fellow attendees. Be sure to snap a picture at the 360 Photo Booth sponsored by INCITE Strategic Partners! While you're there, check out our radical vendor displays and vote for the booth with the most off the hook '70s décor! QR codes will be posted around the Expo where you can vote for your favorite decorations, centerpieces, and outfits. Winners of the cash prize will be announced at the end of the expo, so don't bail early!



MEET AND MINGLE PARTY

Wednesday, November 20

4:30 p.m. – 5:30 p.m.

Take a break before dinner and come kick back at our totally far-out Meet & Mingle! This is your chance to chill with a rad mix of professionals in the world of senior care from all corners of Kentucky. Head over to the east side lobby on the first floor and join us for a groovy time connecting with your peers. We'll be announcing the winners of our '70s Dress Up Contest and Booth Decorating Contest during the event, so don't split early—stick around for the big reveal! Sponsored by Med Care Pharmacy, HPSI Purchasing Services, Stites & Harbison, Cull & Hayden, INCITE Strategic Partners, Synchrony Health Services, Dzenitis Newman, PLLC, Service Master by Angler and Healthcare Therapy Services.

CELEBRATION AT THE QUALITY AWARDS BANQUET

Thursday, November 21

6:00 p.m. – 6:30 p.m.

Awards Reception

6:30 p.m. – 10:00 p.m.

KAHCF/KCAL Quality Awards Banquet

Join us for a very special evening where we recognize Kentucky's top caregivers and facilities at the Quality Awards Banquet. The Best of Kentucky—Nursing and Rehabilitation Awardees will be recognized for their superior service in the state. We promise you won't be bored! Sponsored by HPSI Purchasing Services and Med Care Pharmacy.



Continental Breakfast

Enjoy a complimentary breakfast before the morning sessions on Wednesday and Thursday!



KAHCF/KCAL EVENTS

1985

The Boren Amendment (part of OBRA) is adopted.

KAHCF sues state over State Healthcare Plan.

1987

OBRA '87-Federal Nursing Home Reform Act from the Omnibus Budget Reconciliation Act of 1987 gives empowerment to the residents.



U.S. EVENTS

1976

Jimmy Carter is elected president.



1981

Sandra Day O'Connor becomes the first woman Supreme Court Justice.



1980

Ronald Reagan elected president.



1986

Space shuttle Challenger explodes 73 seconds into flight, killing all aboard.

CELEBRATING 70 Years

'70S THEMED CONTESTS ON WEDNESDAY, NOVEMBER 20

For all attendees

Dress Up Contest

Wear your best '70s style clothing. Attendees can vote using QR codes posted up in space.

For facility and community members

Centerpiece Contest

Each member facility/community will be invited to participate in a '70s themed centerpiece contest. They will be asked to sign up in advance and bring their centerpiece with them to the Annual Meeting to be placed on a table during the Open General Session.

For vendors exhibiting

Booth decorating contest

Each exhibiting vendor can decorate using the '70s theme. QR codes to vote on will be posted throughout the Expo. Winning vendor will receive a "silly" trophy to display!



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KAHCF/KCAL EVENTS

1990

July 24: KAHCF dedicates new Association Building in Louisville, Kentucky.



1991

Nursing Facility Regulation-consolidated IC/SN.

1992

Minimum Data Set (MDS) is introduced.

1992

Creation of Statewide Insurance Services.

1997

The Boren Amendment is repealed.



U.S. & WORLD EVENTS

1989

Berlin Wall is torn down.

1992

Bill Clinton is elected president.



1992

The World Wide Web is born.

1990

The Americans with Disabilities Act goes into effect in July.

1994

The TV show Friends premieres on NBC.



EDUCATION

TUESDAY, NOVEMBER 19

10:00 a.m. – 12 p.m.

Preconvention Training — How to Make Sure You're Survey Ready Without Having a Survey in the Last 3+ Years

Sponsored by Proactive LTC Consulting

Registration starts at 9:45 a.m.!

(This registration is not included in the convention registration. Registration fee is \$35 per person)

This session will review a Survey Readiness Plan and accompanying tools to guide facilities in preparing for the annual survey and maintaining year-round survey readiness. There will also be a review of the specific expectations and tasks that should be addressed by each facility department during the survey process once surveyors have arrived at the facility.

*Presenter: Janine Lehman, RN
Proactive LTC Consulting
Director of Legal Nurse Consulting
Owensboro, KY*

1:00 p.m. – 2:30 p.m.

Session 1 — Data & Technology: Applications for Medicaid & Medicare PDPM Management

Sponsored by Zimmet Healthcare Services Group, LLC
Kentucky Medicaid has transitioned to the Patient-Driven Payment Model (PDPM) for SNF rate setting. This session will focus on operational strategies to establish effective interdisciplinary protocols to identify changes in resident acuity. The speakers will provide observations of the transition to PDPM in other states, introduce early PDPM capture data from Kentucky providers, and share benchmarks from other State Medicaid systems that have already transitioned to PDPM for attendees to compare their performance to. Lastly, this session will demonstrate how to leverage technology to enhance clinical capabilities and management efficiency.

*Presenters: Vincent Fedele, Partner
Zimmet Healthcare Services Group, LLC
Manalapan, NJ*

*Amy M. Goldsmith MA, CCC-SLP; RAC-CT; CMAC
COO R2/zRADAR
Louisville, KY*

Flower symbol  designates training applicable to Assisted Living.

Session 2 — Preparing for the Unthinkable: A Process for Emergency Preparedness 

This presentation will guide listeners in understanding the history and impacts of real-world events in Kentucky and our nation to both resident and non-resident healthcare facilities. Hope is not a good plan — facilities cannot rely on hoping a disaster never happens. Planning, equipping, training, exercising, and evaluating are the necessary steps in building effective emergency response applications. This session will address the nuts and bolts of emergency response plans to help facilities meet regulatory requirements and build a robust preparedness system.

*Presenter: Dave Carney, BS, MEP
Readiness and Response Coordinator
Bluegrass Healthcare Coalition
Lexington, KY*

Session 3 — Mastering Compliance: Crafting Effective Plans of Correction and Allegations of Compliance

In the wake of a survey or an Immediate Jeopardy (IJ) citation, a well-drafted Plan of Correction and a compelling Allegation of Compliance are essential to safeguard your facility's operations. This panel will delve into the strategies for creating these critical documents, ensuring they effectively address deficiencies and demonstrate a clear path to compliance. Our experts will share insights on prioritizing actions, communicating effectively with regulatory bodies, and preventing recurrence of serious issues. Equip your team with the knowledge to navigate these high-stakes situations with confidence and precision.

*Panelists: Marian Hayden, Attorney, Cull & Hayden
Conjuna Collier, Sr Vice President of Risk Management,
Masonic Homes of Kentucky*

*Tricia Steward, Acting Inspector General, Office of the
Inspector General*

*Moderator: Lisa Biddle-Puffer, Vice President of Quality and
Regulatory Affairs, KAHCF/KCAL*

Tuesday sessions continued on page 8

KAHCF/KCAL EVENTS

1998

Medicare adopts PPS System.

President Clinton announces Nursing Home Reform Initiatives.

The Kentucky Health Care Foundation is created.

1999

Jim Judy retires after 20 years as KAHCF president. He is succeeded by Rich Miller.

2000

Kentucky adopts Medicaid Price Based Reimbursement System.

2001

Mary Ousley elected chairman of AHCA—first woman and first Kentuckian to serve as AHCA chair.



U.S. EVENTS

1999

The approach of Y2K causes fears of computer meltdown.

2000

George W. Bush is elected president.

2001

Terrorist attacks on New York City and Washington D.C. change our nation forever.



EDUCATION

TUESDAY, NOVEMBER 19

Opening General Session

3:00 p.m. – 4:30 p.m.

Session 4 – *What's Happening in Washington: AHCA/NCAL and D.C. Update* 

Sponsored by HPSI Purchasing Services & Med Care Pharmacy, Presenting Sponsors

Hear the latest national updates impacting long-term care and assisted living in D.C., including updates on the state of the sector and what developments providers can expect this coming year. Just a few weeks after Election Day, learn more about the new administration and its impact, the workforce crisis, and other top issues in long-term and post-acute care and how providers can mobilize to address them. Don't miss the chance to gain helpful insights on the future state of the sector and prepare facilities for what's next. Whether you're a rural provider or chain operator, this informative session will arm you with the knowledge you need to understand the industry's latest challenges and opportunities.

Presenters: Mark Parkinson, Principal of AHCA/NCAL and Phil Scalo, AHCA Board Chair American Health Care Association and National Center for Assisted Living



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KAHCF/KCAL EVENTS

2002

CMS Quality Measures are implemented.

2003

Intergovernmental Transfer provides funding to move providers closer to "the price."

2004

Provider Tax increased to the maximum level.

2006

Ruby Jo Lubarsky named KAHCF president.



Advancing Excellence in America's Nursing Home campaign launched.

2007

Kentucky Coalition of Person Centered Care founded.

U.S. EVENTS

2005

Hurricane Katrina becomes the costliest natural disaster and one of the five deadliest hurricanes ever as it ravages the Gulf Coast, especially New Orleans.

2007

Steve Beshear elected governor of Kentucky.



EDUCATION

Wednesday, November 20

SECOND GENERAL SESSION

9:00 a.m. – 10:30 a.m.

Session 5 – 70 Years of Wisdom: Stories that Inspire, Care that Transforms

Sponsored by Cull & Hayden, P.S.C & Kentucky Health Care Foundation

Who is that resident, client, or tenant that really impacted your life? The ones who tell you stories of resilience, hope, connection, or love? The ones who encourage you and just seem to know the right thing to say to boost your team's energy even on hard days? Caring for elders is heart work, and through powerful stories, this keynote will warm yours.

Presenter: Sarah Ciavari, M.Div., BCC, PCC, CDTLF, CDWF-C President, Level Up Leadership, LLC Minneapolis, MN.



Session 7 – What Are You Missing? Common Missed Coding Opportunities in Capturing Reimbursement

Sponsored by Proactive LTC Consulting

With MDS coding instructions changing every year and reimbursement audit requirements becoming increasingly challenging, it is essential that facilities accurately code all MDS items that capture reimbursement components. This session will detail documentation requirements to support key components of Medicare and Kentucky Medicaid PDPM including accurate assignment of ICD.10 diagnosis codes, functional status as coded in section GG, and the other key sections of the MDS that impact payment. An overview of common coding errors and their effect on reimbursement will be discussed, with tips and strategies to avoid these errors.

Presenter: Janine Lehman, RN Proactive LTC Consulting Director of Legal Nurse Consulting Owensboro, KY

1:30 pm sessions continued on page 10

1:30 p.m. – 3:00 p.m.

Session 6 – Assisted Living Regulations: Navigating Implementation and Survey Process Updates

Join a leading expert from the survey agency as we delve into the complexities of assisted living regulations and the latest developments in the survey process. This discussion will provide valuable insights into the practical aspects of implementing these regulations, highlighting key challenges and best practices. Stay informed about the most recent changes to the survey process and learn how to effectively prepare your facility to meet regulatory expectations. This session is essential for anyone looking to ensure compliance and maintain the highest standards of care in the assisted living environment.

Presenter: Tricia Steward, CIG Acting Inspector General Office of Inspector General Division of Health Care Frankfort, KY



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KAHCF/KCAL EVENTS

2008

Rebecca Croucher, a volunteer at The Terrace, receives the AHCA National Young Adult Volunteer of the Year.

CMS launches 5-Star Quality Rating System.

2010

Elder Justice Act/ Patient Protection and Affordable Care Act passed.

Mark Parkinson named AHCA/ NCAL President/ CEO.



AHCA bus tour to protect reimbursement stops at Parkway Medical and Rehab Center in Louisville.

MDS 3.0 begins.

U.S. EVENTS

2008

Barack Obama elected 44th president of the United States.

2010

A 7.0 earthquake devastates Haiti, killing more than 100,000.

Rand Paul stuns the nation by winning the U.S. Senate race in Kentucky, one of two Tea Party Senate victories.



EDUCATION

Wednesday, November 20

1:30 p.m. – 3:00 p.m. continued

Session 8 – Assessing Antipsychotic Use: Strategies & Challenges for Medication Optimization

Antipsychotics have become a primary focus for quality measures within CMS, state initiatives, and surveyor reviews. Labeled and off-label indications can equally impact reimbursement measures if not prescribed for specifically defined indications like schizophrenia, Tourette's syndrome, or Huntington's Disease. Effectively managing or preventing behaviors that could cause harm to the self or others is sometimes warranted. Antipsychotics may be prescribed for individuals with neurological diagnoses, like dementia, to manage challenging behaviors such as agitation, aggression, hallucinations, or severe mood swings. These behaviors can significantly impact the safety and quality of life of the affected resident, family members, and caregivers. Pharmacologically managing behaviors can prevent injury and decrease workload for busy LTC staff members to increase staff time spent with residents. In this presentation, attendees will review second-generation antipsychotic pharmacology and approved therapies, discuss evidence-based resources optimizing antipsychotic therapy (including evidence-based best practices for deprescribing), and participate in the analysis of patient case studies.

*Presenters: Muhammad Babar, M.D., MBA, MSc
University of Kentucky and Kentucky Department for Medicaid Services
Frankfort, KY*

*Reyna VanGilder, PhD, PharmD
Associate Pharmacy Director – Clinical Manager Fee for Service
Cabinet for Health and Family Services
Department for Medicaid Services*

Sessions 9 and 13:

CMS aims to have all Medicare beneficiaries under an accountable care model by 2030. But what exactly are accountable care and value-based care? Does your organization have a plan to align with this goal? Join these sessions, designed for corporate executives, administrators, directors of nursing, and anyone interested in value-based care. Jill Lyle Sumner, president and CEO of Lyle Health Advisors, and Mark Hunt, owner and CEO of Spiritus, LLC will provide the insights you need to prepare for VBC and ensure your organization stays ahead.

Session 9 – Value-Based Care is Coming. Are you Ready?

This session offers a comprehensive overview of value-based care (VBC), exploring various VBC models and those currently active in Kentucky. We will examine why value-based care is critical and its current and future implications for long-term care services and patient populations.

By the end of this session, participants will be able to clearly define value-based care and its importance in long-term care, identify different VBC models, recognize the value-based care organizations in Kentucky, and distinguish between value-based care and population health management.

*Presenters: Jill Lyle Sumner
President/CEO
Lyle Health Advisors
Richmond, VA*

*Mark Hunt
Owner/CEO
Spiritus, LLC
Atlanta, GA*

KAHCF/KCAL EVENTS

2013
KAHCF one of two state associations to win inaugural AHCA/NCAL State Affiliate Innovation Award.

2014
Ruby Jo Lubarsky retires as KAHCF president.

Betsy Johnson named KAHCF president.

Bailey Combs, a volunteer at Knott County Health and Rehabilitation, is named AHCA's Young Adult Volunteer of the Year.



U.S. & WORLD EVENTS

2011
Prince William and Catherine Middleton wed.

2012
Kentucky Wildcats win eighth NCAA Men's Basketball Championship.



2013
UofL Cardinals win third NCAA Men's Basketball Championship.

2015
Matt Bevin is elected as governor of Kentucky.



American Pharoah wins the Kentucky Derby and continues on to seize the Triple Crown, the first horse to do so since Affirmed in 1978.



EDUCATION

Wednesday, November 20
3:30 p.m. – 4:30 p.m.

Session 10 – Medications, DNA and Improving Care 
Sponsored by Synchrony Pharmacy

Pharmacogenomics, the science of how genetics affect the way our bodies metabolize drugs, is a rapidly growing realm, but there is still limited use and knowledge in the healthcare field. This session will discuss this important science and how it can inform prescribing decisions for residents. Pharmacogenomics can be a valuable tool when determining what drugs should or should not be used for residents, what dosing should be used, and sometimes even that an alternative product should be selected. We will discuss how and when it is appropriate to utilize this science to improve the care residents are receiving.
Presenter: Rob Leffler, RPh, BCGP, FASCP
Vice President of Clinical Services
Synchrony Pharmacy
Louisville, KY

Session 11 – Overcoming Adverse Risks: Enhancing Your Risk Management Program in Senior Living 
Sponsored by Assured Partners

In today's ever changing healthcare landscape senior living providers are challenged with increased regulatory and operational demands. Doing more with less has the potential to increase the probability for negative regulatory outcomes and/or increased litigation. Establishing an effective proactive risk management program in the absence of a dedicated risk management department is critical in order to improve resident outcomes, enhance organizational efficiency, and foster a culture that prioritizes resident safety. This session will focus on the basics of developing or strengthening your risk management plan, review common high-risk adverse events in the senior living care environment and provide action steps to reduce the risk for negative outcomes.
Presenter: Peggy Morrison
Business Development Director/ Sr. Risk Management Consultant
Assured Partners
Columbus, OH

Session 12 – Evaluating the Critical Element Pathway for Infection Prevention, Control, and Immunizations

In the ever-changing landscape of infection prevention, it is imperative that facilities understand the requirements for infection prevention programs. CMS provides a pathway to allow for successful implementation of infection prevention practice. This presentation will review the Critical Element Pathway for Infection Prevention, Control, and Immunizations by CMS and provide guidance on implementation.
Presenter: Julia Frith DNP, RN, CIC
Manager, Clinical Research Development & Support
Norton Infectious Disease Institute
Norton Healthcare
Louisville, KY

Sessions 9 and 13:

CMS aims to have all Medicare beneficiaries under an accountable care model by 2030. But what exactly are accountable care and value-based care? Does your organization have a plan to align with this goal? Join these sessions, designed for corporate executives, administrators, directors of nursing, and anyone interested in value-based care. Jill Lyle Sumner, president and CEO of Lyle Health Advisors, and Mark Hunt, owner and CEO of Spiritus, LLC will provide the insights you need to prepare for VBC and ensure your organization stays ahead.

Session 13 – Implementing Value-Based Care in Skilled Nursing Facilities: A Decision-Maker's Guide

This session will cover the essential elements for successfully operating within a value-based care (VBC) framework, highlighting key opportunities for partnerships. After an initial presentation, attendees will participate in group discussions to conduct a gap analysis and outline actionable steps for engaging in VBC.

Participants will leave with a strategic roadmap for implementing value-based care in their organizations, equipped to identify critical success factors, conduct a gap analysis, list potential VBC partners, and determine next steps for developing value-based care relationships.

Presenters: Jill Lyle Sumner Mark Hunt
President/CEO Owner/CEO
Lyle Health Advisors Spiritus, LLC
Richmond, VA Atlanta, GA



KAHCF/KCAL EVENTS

2016

A KAHCF member task force joins an AHCA national effort to submit comments outlining concerns on proposed Medicare and Medicaid Reform of Requirements of Participation.

2017

KAHCF introduces the Best of Kentucky – Nursing and Rehabilitation award, replacing Facility of the Year. 21 facilities are recognized as Best of Kentucky in the awards inaugural year.

2018

KAHCF announces the launch of the Kentucky Center for Assisted Living (KCAL).



U.S. & WORLD EVENTS

2016

Donald Trump is elected president after winning the Electoral College but losing the popular vote to Hillary Clinton.



2017

A total solar eclipse, dubbed "The Great American Eclipse," spans the continental United States from coast to coast.

2018

Prince Harry marries Meghan Markle.



EDUCATION

Thursday, November 21

11:00 a.m. – 12:00 p.m.

THIRD GENERAL SESSION

9:00 a.m. – 10:30 a.m.

Session 14 – Grooving Your Way to Influence



Sponsored by Synchrony Health Services, Champion Sponsor

Here's the skinny — you got into the business of providing care because you want to do a solid for the cool cats around you. Yet this industry is tough, and between long days, short staff, and difficult work, it can be a challenge to keep on truckin'. Not everyone can dig it, can you? Take a chill pill, you can keep on

keeping on because this session is designed to rejuvenate you, bring you back to the real purpose of your work, and give you tools and strategies of influence. We'll learn how to show care to everyone in an intentional way, understand the power of personal connections, see how essential it is to collaborate with those around us, and discuss what to do about gossip. Cool beans? When you boogie with influence, you can provide the very best environment for your residents and increase your impact on parents, families, and those that you lead. Don't be a square, master the tools taught here and watch your flower power lead to a greater positive impact in the lives of others — at home, at work, and in every other area of life.

Presenter: Jason A. Hunt
Eye Squared Leadership
Owatonna Minnesota



Session 15 – Eating with Your Eyes: Why Food



Presentation Matters

Sponsored by CHR Consulting Services, Inc.

In this session, attendees will learn the significance of evaluating your menu for color, height, and texture. Participants will learn the importance of selecting the right plate for various types of plating and presentation as well as the effect color has on our sensory systems. The audience will hear a brief overview of the effect cooking technique has on presentation and will review final plating and simple methods to plating.

Presenter: Jason Voyda

Vice President of Culinary & Nutrition Services

CHR Consulting Services, Inc.

Dresher, PA

Session 16 – Crucial Conversations in the Workplace:



Tools and Strategies for Navigating Tricky Conversations

Sponsored by Health Bridge Consulting, LLC

Leaders at all levels often have to navigate difficult situations in the workplace that require having challenging one-on-one conversations with team members, peers, and even supervisors. When leaders struggle to have difficult conversations due to fear of engaging in positive conflict, navigating emotional reactions, or other perceived negative outcomes, there is a trickle-down effect that impacts the culture and success of the broader organization. Attendees of this presentation will have an opportunity to review types of challenging discussions often faced in the workplace, discuss the perceived barriers associated with having these conversations, and understand the negative impact on all key stakeholders if challenging discussions are avoided. Attendees will leave with tools, resources, and strategies to deploy when facing challenging discussions in the workplace allowing them to approach these discussions in a way that helps ensure a positive outcome for all.

Presenter: Stephanie Osborne Greene

Owner

Health Bridge Consulting, LLC

Lexington, KY

11:00 a.m. – 12:00 p.m. sessions continued on page 13

KAHCF/KCAL EVENTS

2019

The first Annual KCAL Meeting and Expo is held in September.

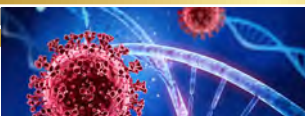
2020

The 66th Annual KAHCF Meeting and Expo, *Facing the Future Together*, was held as a virtual event.

February: The first COVID-19 outbreak in a skilled nursing facility occurs in Washington.

2021

The Department of Medicaid Services approved a \$29 Medicaid rate add-on.



A massive EF-4 tornado sweeps across Western KY and demolishes a Mayfield nursing home. All residents and staff survive. KAHCF/KCAL raises funds to donate to healthcare workers impacted by the storm, with 55 LTC workers receiving a share of \$66,890.

U.S. & WORLD EVENTS

2019

Andy Beshear is elected as Governor of Kentucky.

2020

The novel coronavirus, known as COVID-19, is declared a pandemic by the World Health Organization, sending the world into lockdown.

Joe Biden defeats incumbent Donald Trump in the 2020 Presidential Election.

2021

Facebook Inc. rebrands as Meta Platforms following criticism of the company.



EDUCATION

Thursday, November 21

11:00 a.m. – 12:00 p.m. continued

Session 17 – Price-Based Nursing Facilities and Quality Incentive Program

During this education session, participants will learn more of the latest regarding the rebasing of Medicaid rates that took place in Kentucky on July 1, 2024. Attendees will also gain insight on the implementation of the Quality Incentive program.

Presenters: Steve Bechtel
Chief Financial Officer/Division Director
Commonwealth of Kentucky
Department for Medicaid Services
Frankfort, KY

Beth Collier Vail
Senior Manager
Myers and Stauffer LC
Frankfort, KY

2:00 p.m. – 3:00 p.m.

Session 18 – Reimbursement Remedies Sponsored by Hargis & Associates, LLC

We invite you to participate in insightful conversations focused on the present and future landscape of Skilled Nursing Facility reimbursement. Our session will cover a range of topics including updates and best practices for Kentucky Medicaid, Medicare, and Managed Care. Don't miss this opportunity to engage with experts and peers, exchange knowledge, and stay ahead in the ever-changing world of reimbursement.

Presenters:
Sarah W. McIntosh, President
Rhonda Houchens, Director of Operations
Hargis & Associates, LLC
Russellville, KY

Session 19 – Kentucky OSH: Eliminating Hazards to Reduce Injury and Illness Rates



Based on data collected from OSHA's Form 300 by the Bureau of Labor Statistics, the health care and social assistance sector have higher injury and illness rates on a yearly basis. This session will discuss safety and health hazards that are typically found in this sector and abatement methods. Kentucky OSH Education & Training - KYSAFE conducts outreach to the top 10 sectors each year to address high hazard industry issues. KYSAFE provides cost-free, confidential consultative and training services to assist employers with identifying hazards, correcting hazards, free air and noise monitoring, and training personnel on OSHA topics.

Presenter: Lynn Whitehouse
Director of KYSAFE
Kentucky OSH Education & Training-KYSAFE
Frankfort, KY

Session 20 – Stop the Drop! Keeping Residents on Their Feet

This seminar will help participants strengthen their falls management programs by focusing on effective data collection and analysis. Attendees will learn the importance of precise fall reporting, how to conduct a thorough root cause analysis, and how to prioritize sustainable fall interventions and initiatives. By the end of this seminar, participants will be equipped to make data-driven decisions that enhance resident safety and reduce fall incidents.

Presenter: Katie Pass, BS, OTA
State Quality Manager - Kentucky
Alliant Health Solutions
Louisville, KY

Thursday sessions continued on page 14



12:30 p.m.- 1:30 p.m.

KAHCF/KCAL has partnered with UK's Clinical Leadership & Management students in the fall 2024 course "The Future of LTC Services in our Aging Society" to conquer the toughest issues in LTC. These future healthcare leaders have been identifying, researching, and finding practical solutions to today's toughest issues from employee recruiting and marketing to AI in LTC services, and they'll present their findings to all convention attendees. You don't want to miss it!



KAHCF/KCAL EVENTS

2022
KAHCF/KCAL distributes \$36,366 to 42 LTC workers whose homes were damaged during severe flooding in Eastern Kentucky.

2023
COVID-19 is declared to no longer be a public health emergency.

2024
The Kentucky House and Senate approves a biennial budget including fully funded Medicaid rebasing, the first

time the state rate has been rebased since 2008.

Adam Mather is named president of KAHCF/KCAL.

AHCA/NCAL files a lawsuit in Texas in opposing the minimum staffing rule from CMS.



U.S. EVENTS

2022
Avatar: The Way of Water becomes the third-highest-grossing film of all time.

2023
Taylor Swift begins The Eras Tour, the first music tour to gross over \$1 billion.

2024
Caitlin Clark breaks the all-time NCAA Division I career scoring record for college basketball.



EDUCATION

Thursday, November 21
3:15 p.m. – 4:15 p.m.

Session 21 – Understanding and Responding to Dementia Related Behaviors 

Neuropsychiatric symptoms (behavioral and psychological symptoms) occur in 97% of individuals living with dementia. They are associated with greater functional impairment, higher rate of institutionalization, accelerated dementia progression, greater caregiver stress, poorer quality of life, and increased risk of death. Recognizing these behaviors and implementing skills to alleviate them can improve function, health, and quality of life for those with dementia and their caregivers. The automatic response is often to prescribe a sedating medication to “fix” the behavior. However, non-pharmacologic management that empowers caregivers to respond with different communication techniques is safer for patient care, more successful, and has a longer lasting impact. Learning techniques that will be used in this seminar are lecture-style, case-based learning, and audience question and answer.

*Presenters: Rachel Hart, DO
Geriatric Medicine Physician and Memory Disorders Specialist*

*Tammy Evanow - PMNHP, APRN
Norton Neuroscience Institute Memory Clinic
Louisville, KY*

Session 22 – Top Ten Cited Life Safety Tags in Kentucky 

During this session, attendees will learn about the most cited life safety deficiencies. Participants will hear from two Life Safety Code Inspectors about the ten most common deficiencies cited in the state of Kentucky. By learning about commonly cited issues, facilities can better prepare for surveys and improve the safety of residents and staff. A time for question and answer will be provided for participants.

*Presenters: Robert Welch & Jeremy Taylor
Life Safety Code Inspectors
Office of Inspector General
Cabinet for Health and Family Services
Division of Health Care
Frankfort, KY*

Flower symbol  designates training applicable to Assisted Living.

Session 23 – The 5 Cs of Preventing Rehospitalization

This session describes the foundation of culture and philosophy of care coupled with the use of INTERACT tools to provide success in managing challenges with rehospitalization. Equipping team members with goals of care practice and crucial conversation skills can make the difference in managing patient and family expectations.

*Presenters: Mary Haynes, President and CEO
Kim Hobson, RN, BSN, Director of Clinical Services
Nazareth Home
Louisville, KY*



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REGISTRATION FOR 2024 ANNUAL MEETING

REGISTRATION FEES

Individual or Group Registration Rates this year. 1-5 attendees from the same facility or corporate office will qualify for the Group Rate.

A late fee of \$200 per Facility or Corporate Office will be assessed for registrations received after the deadline of October 28th.

Quality Awards Banquet Tickets are sold separately from Registration.

KAHCF Member	On/Before October 28	<p>REGISTER FOR THE ANNUAL MEETING ON OUR WEBSITE!</p> <ol style="list-style-type: none"> 1. Visit kahcfkcal.org 2. Click "sign-in" on the top right corner on the homepage. 3. Sign in using your email address as your username and password. If you do not have one, email hwoempner@kahcf.org to have it reset. 4. Click Events/Annual Meeting. 5. Click "Register Myself" and wait for the page to refresh. 6. If registering others from your facility, click "register someone else." If you have new employees, email hwoempner@kahcf.org to have them set up in our system before completing the registration for someone else.
Group rate of 1-5 attendees from same Facility or Corporate office	\$775	
Each additional registration over 6 attendees from the same Facility or Corporate office	\$125 per person	
Non-Member Group Rate	\$1,550	
1-5 attendees from the same Facility or Corporate office		
Each additional registration over 6 attendees from the same Facility or Corporate office	\$250 per person	
KCAL/KSLA Member		
Individual Rate	\$225 per person	
Contact the Association for the Group rate		
Non-Member Assisted Living Communities		
	\$450 per person	

Quality Awards Banquet
\$ 85 per person

THE REGISTRATION FEE INCLUDES:

The registration fee includes more than 11 CEU hours of educational workshops and general sessions, handouts posted online, entry to the Expo, two continental breakfasts, meet and mingle reception, and lunch on Wednesday. Attendance at the educational breakout sessions is limited to room capacity.

A 3% surcharge will be added to your account for credit card payments.
To avoid fees, consider paying via ACH.

Please contact Sharon Netherton, snetherton@kahcf.org for help with processing a credit card payment or paying via ACH.

CONVENTION INFORMATION



The **GALT HOUSE**

Legendary • HOTEL • Louisville

The Galt House Hotel & Suites

140 North Fourth Street

Louisville, KY 40202

502-589-5200

www.galthouse.com

Galt House Hotel Website: Click [here](#) to
make hotel reservation

The reservation code for phone calls: 1118KHC

Phone number for call – 800-843-4258

The Galt House Hotel & Suites has made the following rates available for our convention:

Galt House West Rivue Tower	Galt House East Executive Suite Tower
\$174.00 Single/Double	\$204.00 Single/ Double
\$174.00 Triple	\$204.00 Triple
\$204.00 Deluxe	\$204.00 Quad

Deadline to reserve your hotel room is October 28, 2024.

To make reservations online, go to www.kahcfkcal.org and click on the Annual Meeting logo on the home page or go to the Calendar and click on Annual Meeting. A link is provided to make hotel reservations. If you contact the hotel directly, be sure to indicate you are attending the KAHCF/KCAL convention for the convention rate. All reservations received after this cut-off date will be accepted, based on availability. Rates will be subject to all states city taxes and fees effect at the time of the event.

Please make every effort to stay at the host hotel. To keep our event costs as low as possible, we rely on meeting our room block commitments with the Galt House Hotel.

REGISTRATION CHANGES

Changes to your registration prior to convention must be made through the KAHCF/KCAL website by logging into your account. Changes will be accepted through November 1 on the website, after which all changes will be made on-site.

NAME BADGES

Name badges must be worn to enter all educational seminars and the trade show. Your name badge will contain your name, title, facility, and the seminar number(s) for which you are registered.

WHAT SHOULD I WEAR?

Business casual is encouraged for all the educational programs. Professional attire is appropriate for the awards banquet. This is an evening of recognition and celebration. Participants are encouraged to bring a light jacket or sweater or to dress in layers to accommodate varying room temperatures.

REGISTRATION POLICIES

- An individual must be registered for convention in order to attend any educational seminars at a convention.
- Name badges will indicate the seminars for which the participant has registered.
- All room set-ups will be made for maximum capacity allowable by law.
- Tickets for special convention functions may be purchased by facilities not registered for convention.

CONTINUING EDUCATION UNIT (CEU)

- Total CEUs that are attainable – 11.00
- The number of hours participants will receive will be based on sessions attended.
- KAHCF/KCAL is an approved provider of continuing education for the Kentucky Board of Licensure for Nursing Homes Administrators and Kentucky Board of Nursing. To receive continuing education credit, you must complete the entire program. Certificates may be printed once the program evaluation is submitted. Disclaimer Statement: The Kentucky Board of Nursing approval of an individual continuing education provider does not constitute endorsement of program content.
- All other disciplines are encouraged to keep track of their attendance hours and submit them for CE credit to the appropriate agency for their discipline.
- KAHCF/KCAL observes the current licensure requirements of individual professional boards.

KAHCF/KCAL IS USING QR CODES TO VERIFY ATTENDANCE OF SEMINARS:

We are using a unique QR Code for each session to confirm attendance and to complete the session evaluation for each seminar.

- Where to find the QR Code? Displayed on the registration table when you exit the seminar room.
- To receive full credit for attending a session, you are required to complete the session evaluation within 24 hours of each educational session.
- Please note that you will be required to enter your KBN license number.

SESSION HANDOUTS

KAHCF/KCAL does not print session handouts for participants. The handouts for sessions will be posted on the KAHCF/KCAL website two weeks prior to the event. Password information to download handouts will be sent out when the handouts are posted.

KAHCF/KCAL CANCELLATION POLICY

Registration Fee: Cancellations received seven (7) workdays prior to the seminar date will receive a full refund for the registration. Cancellations received inside of seven (7) workdays will receive one-half refund. Participants who do not attend will not receive a refund unless prior written notice is given to the KAHCF/KCAL office. All cancellations must be made in writing and sent via email: aporter@kahcf.org

Banquet Ticket refund: Cancellations received seven (7) workdays prior to the banquet date will receive a full refund for the banquet ticket. Cancellations received four (4) days prior to the banquet date will not receive a refund. All cancellations must be made in writing and may be emailed. Phone cancellations will not be accepted.

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Synchrony Pharmacy delivers unmatched safety and convenience in pharmacy services. Our dedicated team ensures the highest level of care, meeting every resident's unique needs with precision and compassion, making us your premier choice for all of your pharmacy needs.

<p>Geriatric Certified Pharmacists</p> <p>Synchrony Pharmacy provides personalized care from our expert team of geriatric-certified pharmacists, dedicated to optimizing your residents' well-being.</p>	<p>Specialized Packaging Options</p> <p>Manage your residents' medications effortlessly with Synchrony's specialized packaging options, tailored for convenience and safety.</p>	<p>Safety Focus</p> <p>By utilizing a single pharmacy for the entire community, we empower staff to familiarize themselves with critical medication details, thereby reducing medication administration errors.</p>
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Reach Out Today for More Information!
Contact Dean DeMartino at 615-674-0035 or dean.demartino@synchronyhs.com



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